



## 羽 you 同樂 badminton together

時間：2023-05-16

地點：學生活動中心

In recent years, Badminton has become a very popular sport due to the outstanding performance of athletes in international competitions, making it a beloved sport for people of all ages. On campus, there are a fair number of badminton courts. However, due to the large number of badminton enthusiasts, it is common to hear complaints about the lack of available courts. In order to allow students from the Departments of Holistic Education to participate in friendly badminton matches during their free time in the evening, we organized the "Badminton Together" tournament. This event aims to encourage students to engage in healthy extracurricular activities, promoting physical and mental well-being, as well as fostering a sense of community between students and faculty members, all while enjoying the benefits of a healthy lifestyle.

The event was held at the Student Activity Center, where we were able to reserve three courts: two for the tournament matches and one for warm-ups. A total of 20 participants, including faculty members and students, signed up for the event. Among them, there were 8 male students and 12 female students. To facilitate scheduling, we divided the participants into two groups through a random drawing. Each group consisted of 10 players, and within each group, we arranged 5 pairs for doubles matches. The groups were divided into the Men's Group, Women's Group, and Mixed Doubles Group for the friendly matches. The matches followed a single-game format with a match point cap of 21 points. In the event of a tie at 20-20, the game would continue until one side gained a two-point advantage to determine the winner.

During the event, we provided snacks to replenish energy and also supplied sports drinks to enhance the participants' sports experience. We made sure to pay attention to the participants' nutritional needs and hydration. The event lasted for nearly two and a half hours, allowing everyone to sweat it out on the court and create joyful memories and capture numerous photos.

Number of participants: Faculty members: 4, Students: 16

Overall satisfaction rating: 5.9 out of 6.



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Pregame rule explanation



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An Intense Match in progress



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Award Presentation



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Group Photo